

KENMORE PARK PRIMARY SCHOOL

Summer 2018



WEEK 1

16/4, 7/5, 4/6, 25/6, 16/7

Option 1

Monday.
Tomato and Basil Pasta Bake

Tuesday.
Roast Chicken served with Stuffing, Roast Potatoes and Gravy

Wednesday.
Mexican Minced Turkey Bake served with Potato Wedges

Thursday.
Sticky BBQ Chicken Thigh served with Wholemeal Pitta

Friday.
Golden Fish Fingers served with Chips

Option 2 v Vegetarian

Cheese and Baked Bean Wrap v

Cauliflower Cheese Bake served with Roast Potatoes v

Vegetable Pizza served with Herby Diced Potatoes v

Mixed Bean Chilli Con Carne served with Steamed Rice v

Vegetable Nuggets served with Chips v

Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetarian Hot Dog

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Neapolitan Pasta Bake

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetables

Broccoli Sweetcorn

Carrots Peas

Roast Parsnips Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

Dessert

Apple Crumble with Custard

Shortbread with Fruit Salad

Rice Krispie Cake

Chocolate Sponge with Custard

Fruit Lolly

WEEK 2

23/4, 14/5, 11/6, 2/7, 23/7

Option 1

Monday.
BBQ Vegetables served with Steamed Rice

Tuesday.
Roast Turkey served with Stuffing, Roast Potatoes and Gravy

Wednesday.
Lamb Lasagne served with Garlic Bread

Thursday.
Chicken Sausage served with Mashed Potato and Gravy

Friday.
Breaded Fish Fillet served with Chips

Option 2 v Vegetarian

Neapolitan Pasta Bake v

Cheese and Leek Potato Pie v

Vegetable Lasagne served with Garlic Bread v

Vegetarian Sausage served with Mashed Potato and Gravy v

Cheese Whirl served with Chips v

Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetable Nuggets served with Herby Diced Potatoes

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

BBQ Vegetable Pizza served with Mashed Potatoes

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetables

Garden Peas Carrots

Sweetcorn Broccoli

Butternut Squash Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

Dessert

Oaty Biscuit

Banana Cake

Fruit Jelly

Marble Cake with Custard

Strawberry Delight

WEEK 3

30/4, 21/5, 18/6, 9/7

Option 1

Monday.
Red Pepper and Sweetcorn Pizza served with Herby Diced Potatoes

Tuesday.
Roast Turkey served with Stuffing, Roast Potatoes and Gravy

Wednesday.
Mild Chicken Korma served with Steamed Rice

Thursday.
Lamb Bolognese served with Spaghetti

Friday.
Salmon Fish Fingers served with Chips

Option 2 v Vegetarian

Cheese and Tomato Pizza served with Herby Diced Potatoes v

Cheesy Lentil Roast served with Roast Potatoes v

Macaroni Cheese v

Vegetable Pasty served with New Potatoes v

Mixed Bean and Pepper Fajita served with Chips v

Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetable Pizza served with Roast Potatoes

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetable Nuggets served with New Potatoes

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Vegetables

Baked Beans Carrots

Sweetcorn Garden Peas

Roasted Root Vegetables Steamed Cabbage

Green Beans Sweetcorn

Garden Peas Baked Beans

Dessert

Vanilla Ice Cream Pot

Apple Sponge with Custard

Mandarin Cheesecake

Cherry Tart with Custard

Gluten Free Chocolate Brownie

Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily



We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

